

Republic of the Philippines  
Province of Cebu  
CITY OF NAGA



Excerpt from the minutes of the Regular Session of the 3<sup>rd</sup> Sangguniang Panlungsod (SP) of the City of Naga, Cebu held on November 26, 2018 at the Session Hall, Legislative Building, City of Naga, Cebu.

Present:

HON. OTHELLO M. CHIONG  
HON. ALEXANDER R. LARA  
HON. VIRGILIO M. CHIONG  
HON. AURELIO B. ALINSONORIN  
HON. DELFIN R. SEÑOR  
HON. AFSHIN MARK K. SEÑOR  
HON. RODRIGO A. NAVARRO  
HON. PABLO A. ABANGAN  
HON. LUZMINDA R. LAPITAN  
HON. PORFERIO V. RESABA, JR.  
HON. SCOTT JUVENAL A. CHIONG

-Vice Mayor/Presiding Officer  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
- Sangguniang Panlungsod Member  
-ABC President

On Official Business:

HON. CARMELINO N. CRUZ, JR.

- Sangguniang Panlungsod Member

On Leave:

HON. JHUN MARK T. SISMAR

-SK President



**ORDINANCE NO. 2018-030**

**Hon. Luzminda R. Lapitan - Sponsor**

*SP Committee on Chairperson on Women, Gender and Family Relations*

**AN ORDINANCE CREATING THE BARANGAY BEHAVIORAL HEALTH UNIT  
WITHIN THE BARANGAY HEALTH CENTER AND PROVIDING FUNDS  
THEREFOR**

**EXPLANATORY NOTE**

The 1987 Philippine Constitution declares that the State shall protect and promote the right to health of the people and mandates that it shall adopt an integrated and comprehensive approach to health development;

Republic Act (R.A) 7160 otherwise known as the Local Government Code of 1991 also empowers the local government units (LGUs) to serve and promote the health and safety, maintain peace and order and preserve the comfort and convenience of their constituents.

The World Health Organization (WHO) holistically defines health as the state of physical, social and mental well-being, rather than merely the absence of physical diseases and that integrated health includes the medical and mental health component.

Good mental health, therefore, means not simply the absence of detectable mental disorder, but a state of well-being in which the individual is able to utilize his abilities, work productively and fruitfully, and contribute to the community.

At present, the Barangay Health Centers in the City's 28 villages, however, do not have a unit that can address the mental health component, thus the City Government recognizes the need to include mental health as an integral component of the concept of integrated health,

**NOW THEREFORE, BE IT ORDAINED**, as it hereby ORDAINED by the Sangguniang Panlungsod of the City of Naga, Cebu, in a session duly assembled, that:

**SECTION 1. TITLE.** – This Ordinance shall be known as the “BARANGAY BEHAVIORAL HEALTH UNIT (BBHU) ORDINANCE.”

**SECTION 2. – PURPOSE.** – This ordinance aims to fund the creation of a BBHU in every barangay health center of the City of Naga for purposes of providing a holistic approach to health by addressing not only the medical but also the mental health of each resident. The Ordinance likewise redefines mental health to lessen, if not eradicate, the stigma of mental health disease, and to increase the awareness of the residents on its importance.

**SECTION 3. DECLARATION OF POLICY.** – It is hereby declared the policy of the City of Naga, Cebu to:

- 1.) Ensure that the mental health services are provided to the residents of the City of Naga, Cebu;
- 2.) Establish a BBHU in every barangay health center to address the mental health problems, issues or diseases of the residents of the City of Naga, Cebu; and
- 3.) Inform local residents of the correct nature of mental health and be aware of its importance.

**SECTION 4. – DEFINITION OF TERMS.** – As used in this Ordinance, the terms below shall have the meanings ascribed to them in this Section. Any words or terms not defined shall be given their plain and customary meanings, unless the context requires otherwise, and shall be interpreted in a manner consistent with the purpose and spirit of this Ordinance.

- a.) **Barangay Behavioral Health Unit (BBHU)** means a team composed of psychiatrist, psychologists, the medical doctor, nurse and barangay health workers (BHWs) assigned to the Barangay Health Center, and all other mental health trained volunteer staff who shall promote the behavioral health of the residents of the barangay. This must not be understood as creating any new office or position within the barangay.
- b.) **Integrated health** means the state of physical, social and mental well-being.
- c.) **Mental Health**, as defined by the World Health Organization, means a state of well-being in which the individual realizes his or her own abilities; can cope with the normal stresses of life; can work productively and fruitfully; and is able to make a contribution to his or her community.
- d.) **Well-being** is defined as a dynamic state in which the individual is able to develop his/her potential, work productively and creatively, build strong and positive relationships with others and contribute to their community.
- e.) **Behavioral health** is synonymous with mental health. However, this Ordinance uses the term “behavioral health” because it is less stigmatized than “mental health,” and it is a more hopeful concept for people experiencing mental illnesses.
- f.) **Psychiatrist** means a licensed medical doctor who specializes in the prevention, diagnosis, and treatment of mental illness.
- g.) **Psychologist** means a natural person authorized by law to provide psychological counselling, coaching, psychological debriefing, and psychological assessment, among others.

**SECTION 5. COVERAGE.** – This Ordinance covers all barangay health centers of the twenty eight (28) barangays in the City of Naga, Cebu.

**SECTION 6. CREATION AND COMPOSITION OF THE BBHU.** – There should be a BBHU established in every barangay health center. It shall be composed of the following:

- 1.) *One (1) Psychiatrist (on call);*
- 2.) *Two (2) Psychologists (on call);*
- 3.) *Medical Doctor and Nurse and all BHWs assigned to the barangay health center shall automatically become part of the BBHU. They shall be trained in dealing with mental health issues and concerns within six (6) months after the approval of this Ordinance; and*
- 4.) *Other mental health trained volunteer staff.*

The City Government shall enter into Service Agreements with the psychiatrist and psychologists. Considering that there is a limited number of psychiatrists and psychologists in the city, clustering of the barangays may be resorted to, depending on the number of available

psychiatrists and psychologists. Provided, that the aforementioned BHWs shall not receive any additional honorarium by virtue of this Ordinance.

**SECTION 7. FACILITIES.** – This Ordinance shall provide funds for the setting up of a counseling room and a calming room within the barangay, preferably within the premises of the barangay health center or barangay hall at the option of the barangay officials through a barangay council resolution.

**SECTION 8. FUNCTIONS.** – The scope of the work of the BBHU includes:

- a.) **Education** – this involves the initial step of knowing and teaching the residents about the facts, issues, and concerns regarding behavioral health.
- b.) **Prevention** – this refers to actions, activities, techniques to be taken as effective tools to avoid a multitude of behavioral problems.
- c.) **Identification** – This involves steps to identify behavioral health problems as early as possible for better chances of changing behavior.
- d.) **Intervention** – this refers to steps to be taken to see to it that the behavioral health problem does not progress one day longer than it has to.
- e.) **Treatment** – this involves steps to be taken to facilitate the type of help needed to alleviate the symptoms of behavioral health problem and address the causes of the problem.
- f.) **Supportive follow-up** – this refers to steps to be taken to help and support the implementation of a comprehensive recovery plan of behavioral health patients.
- g.) **Monitoring** – this involves steps to be taken to check and control, and keep a continuous record, of the progress of behavioral health patients.

**SECTION 9. CONTROL AND SUPERVISION.** – For the implementation of the program, all BBHUs shall be under the control and supervision of the City Health Department. There is hereby created a City Behavioral Health Council to be composed of the following:

- 1.) City Mayor or his/her authorized representative or chairperson;
- 2.) City Health Officer as member;
- 3.) Chairperson of the Committee on Health of the Sangguniang Panlungsod as member;
- 4.) Representative from the Association of the barangay Councils (ABC) as member; and
- 5.) Representative from the Philippine Mental Health Association as member. This Council shall be the policy making body on the behavioral health issues of the city.

**SECTION 10. COORDINATION.** – The City Health Department shall coordinate with the Department of Health (DOH), Department of Social Welfare and Development (DSWD), Department of Education (DepEd), Philippine National Police (PNP), Vicente Mendiola Center for Health (VMCH), Philippine Mental Health Association (PMHA), among others, and other volunteer stakeholders to include education institutions, civic organizations, and religious organizations.

**SECTION 11. APPROPRIATION.** – The City Government shall appropriate the necessary funds for the implementation of this Ordinance.

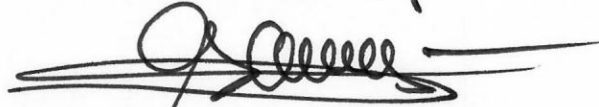
**SECTION 12. SEPARABILITY CLAUSE.** – If any provision of the Ordinance is declared unconstitutional or illegal by a court, the same shall not affect the validity of the other provisions.

**SECTION 13. REPEALING CLAUSE.** – Any or all ordinances, resolutions and or issuances of the City of Naga which are inconsistent with this Ordinance are hereby repealed, amended, or modified accordingly.

**SECTION 14. EFFECTIVITY.** – This Ordinance shall take effect immediately upon approval and subsequent posting and publication.

**UNANIMOUSLY APPROVED**, this 26<sup>th</sup> day of November 2018 on motion of Hon. Luzminda R. Lapitan, seconded by Hon. Porferio V. Resaba, Jr.

CERTIFIED CORRECT:



**GARRY A. CABOTAJE**  
Secretary to the Sanggunian

ATTESTED BY



**OTHELLO M. CHIONG**  
Vice Mayor/Presiding Officer

APPROVED BY:



**KRISTINE VANESSA T. CHIONG**  
City Mayor